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**Menișăptămănal 09.02.2026-15.02.2026**

| LUNI:09.02.2026<br>MENIUL ZILEI |                                                                                                                                               | DIMINEAȚA                                                               | GUSTARE 10                                                                                                                                                                  | PRANZ                                                                                                 | GUSTARE 16                                                                                | SEARA                                                                 |
|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| TBC, SECHELE<br>TBC, NEOPLAZII  | CACAO CU LAPTE 250<br>ML, SUNCULITA, TARANEASCA<br>100 GR, PATE 100 GR, PAINE<br>100 GR, BRANZA TOPITA 35<br>GR, ICRE 80 GR, MASLINE 70<br>GR | MERE 150 -200 GR                                                        | CIORBA DE SPANAC CU OREZ, OU SI<br>IAURT 250 ML SI PIEPT PUI 150 GR<br>PIURE DE CARTOFI 250 GR CU<br>CHIFTELE, CARNE PORC 200 GR<br>CASTRAVETI MURATI 70 GR<br>PAINE 100 GR | GOGOSI CU<br>CIOCOLATA 80 GR                                                                          | PESTE MERLUCIU 250 GR<br>SALATA ORIENTALA 250 GR<br>FIDEA CU LAPTE 250 ML<br>PAINE 100 GR |                                                                       |
| NTBC                            | CACAO CU LAPTE 250<br>ML, SUNCULITA TARANEASCA<br>100 GR, PATE 100 GR, PAINE<br>100 GR                                                        | MERE 150 -200 GR                                                        | CIORBA DE SPANAC CU OREZ, OU SI<br>IAURT 250 ML<br>PIURE DE CARTOFI 250 GR CU<br>CHIFTELE, CARNE PORC 200 GR<br>CASTRAVETI MURATI 70 GR<br>PAINE 100 GR                     | GOGOSI CU<br>CIOCOLATA 80 GR                                                                          | PESTE MERLUCIU 250 GR<br>SALATA ORIENTALA 250 GR<br>FIDEA CU LAPTE 250 ML<br>PAINE 100 GR |                                                                       |
| HEPATIC                         | LAPTE 250 ML,<br>SUNCULITA TARANEASCA<br>100 GR, PATE 100 GR, PAINE<br>100 GR, BRANZA TOPITA 35<br>GR, ICRE 80 GR, MASLINE 70<br>GR           | MERE 150 -200 GR                                                        | CIORBA DE SPANAC CU OREZ, OU SI<br>IAURT 250 ML SI PIEPT PUI 150 GR<br>PIURE DE CARTOFI 250 GR CU CARNE<br>PORC 200 GR<br>PAINE 100 GR                                      | GOGOSI CU<br>CIOCOLATA 80 GR                                                                          | PESTE MERLUCIU 250 GR<br>SALATA ORIENTALA 250 GR<br>FIDEA CU LAPTE 250 ML<br>PAINE 100 GR |                                                                       |
| DIABET                          | LAPTE 250 ML<br>SUNCULITATARANEASCA 100<br>GR, PATE 100 GR, PAINE 100<br>GR, BRANZA TOPITA 35<br>GR, ICRE 80 GR, MASLINE 70<br>GR             | MERE 150 -200 GR                                                        | CIORBA DE SPANAC CU OREZ, OU SI<br>IAURT 250 ML SI PIEPT PUI 150 GR<br>PIURE DE CARTOFI 250 GR CU<br>CHIFTELE, CARNE PORC 200 GR<br>CASTRAVETI MURATI 70 GR<br>PAINE 100 GR | NAPOLITANE FARA<br>ZAHAR 60 GR                                                                        | PESTE MERLUCIU 250 GR<br>SALATA ORIENTALA 250 GR<br>LAPTE 250 ML<br>PAINE 100 GR          |                                                                       |
| ENTEROCOLITA                    |                                                                                                                                               | CEAI DE MENTA 250 ML, PAINE<br>PRAJITA 100 GR, BRANZA<br>TELEMEA 100 GR | CEAI DE<br>MENTA 250 ML<br>, PAINE<br>PRAJITA 50 GR                                                                                                                         | SUPA DE MORCOVI 250 ML<br>OREZ FIERT 250 GR<br>CARNE FIARTA PIET PUI 200<br>GR<br>PAINE PRAJITA 50 GR | CEAI MENTA 250 ML<br>, PAINE PRAJITA 50 GR                                                | OREZ FIERT 250 GR,<br>CARNE PORC FIARTA 200 GR<br>PAINE PRAJITA 50 GR |

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| GASTRIC     | LAPTE 250 ML,SUNCULITA TARANEASCA 100 GR PATE 100 GR ,PAINE 100 GR                                                       | MERE 150 -200 GR | CIORBA DE SPANAC CU OREZ OU SI IAUURT 250 ML PIURE DE CARTOFI 250 GR CU CARNE PORC 200 GR PAINE 100 GR                                                       | GOGOSI CU CIOCOLATA 80 GR | PESTE MERLUCIU 250 GR SALATA ORIENTALA 250 GR FIDEA CU LAPTE 250 ML PAINE 100 GR |
| MEDIC GARDA | CACAO CU LAPTE 250 ML,SUNCULITA TARANEASCA 100 GR PATE 100 GR ,PAINE 100 GR,BRANZA TOPITA 35 GR,ICRE 80 GR,MASLINE 70 GR | MERE 150 -200 GR | CIORBA DE SPANAC CU OREZ OU SI IAUURT 250 ML SI PIEPT PUI 150 GR PIURE DE CARTOFI 250 GR CU CHIFTELE ,CARNE PORC 200 GR CASTRAVETI MURATI 70 GR PAINE 100 GR | GOGOSI CU CIOCOLATA 80 GR | PESTE MERLUCIU 250 GR SALATA ORIENTALA 250 GR FIDEA CU LAPTE 250 ML PAINE 100 GR |

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| <b>MENIUL ZILEI</b><br><b>MARTI:10.02.2026</b> | <b>DIMINEAȚA</b>                                                                                     | <b>GUSTARE 10</b>    | <b>PRÂNZ</b>                                                                                                                                         | <b>GUSTARE 16</b>         | <b>SEARA</b>                                                                                            |
| <b>TBC,SECHELE</b><br><b>TBC,NEOPLAZII</b>     | LAPTE 250 ML,SALAM VICTORIA 100 GR,UNT 20 GR ,GEM 40 GR ,PAINE 100 GR,OU FIERȚ 50 GR,CASCAVAL 100 GR | IAURT GRECESC 175 GR | CIORBA DE PERISOARE CU OREZ 250 ML SI CARNE PORC 150 GR GARNITURA DE OREZ 250 GR CU COPANELE PUI LA TAVA 250 GR CASTRAVETI MURATI 70 GR PAINE 100 GR | RULOURI CU CAISE 100 GR   | PIEPT PUI LA TAVA 200 GR BRANZA CU SMANTANA 200 GR SI MAMALIGA 100 GR OREZ CU LAPTE 250 GR PAINE 100 GR |
| <b>NTBC</b>                                    | LAPTE 250 ML,SALAM VICTORIA 100 GR,UNT 20 GR ,GEM 40 GR ,PAINE 100 GR                                | IAURT GRECESC 175 GR | CIORBA DE LEGUME CU OREZ 250 ML GARNITURA DE OREZ 250 GR CU COPANELE PUI LA TAVA 250 GR CASTRAVETI MURATI 70 GR PAINE 100 GR                         | RULOURI CU CAISE 100 GR   | PIEPT PUI LA TAVA 200 GR BRANZA CU SMANTANA 200 GR SI MAMALIGA 100 GR OREZ CU LAPTE 250 GR PAINE 100 GR |
| <b>HEPATIC</b>                                 | LAPTE 250 ML,SALAM VICTORIA 100 GR,UNT 20 GR ,GEM 40 GR ,PAINE 100 GR,OU FIERȚ 50 GR,CASCAVAL 100 GR | IAURT GRECESC 175 GR | CIORBA DE PORC CU OREZ 250 ML SI CARNE PORC 150 GR GARNITURA DE OREZ 250 GR CU COPANELE PUI LA TAVA 250 GR PAINE 100 GR                              | RULOURI CU CAISE 100 GR   | PIEPT PUI LA TAVA 200 GR BRANZA CU SMANTANA 200 GR OREZ CU LAPTE 250 GR PAINE 100 GR                    |
| <b>DIABET</b>                                  | LAPTE 250 ML,SALAM VICTORIA 100 GR,UNT 20 GR ,PAINE 100 GR,OU FIERȚ 50 GR,CASCAVAL 100 GR            | IAURT GRECESC 175 GR | CIORBA DE PERISOARE CU OREZ 250 ML SI CARNE PORC 150 GR SOTE DE LEGUME 250 GR CU COPANELE PUI LA TAVA 250 GR CASTRAVETI MURATI 70 GR PAINE 100 GR    | BISCUITI FARA ZAHAR 90 GR | PIEPT PUI LA TAVA 200 GR BRANZA CU SMANTANA 200 GR SI MAMALIGA 100 GR LAPTE 250 GR PAINE 100 GR         |

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| ENTEROCOLITA                      | CEAI DE MENTA 250 ML, PAINE PRAJITA 100 GR, BRANZA TELEMEA 100 GR                                                               | CEAI DE MENTA 250 ML, PAINE PRAJITA 50 GR                               | SUPA DE MORCOVI 250 ML, OREZ FIERT 250 GR, CARNE FIARTA PIET PUI 200 GR                                                                                   | CEAI MENTA 250 ML, PAINE PRAJITA 50 GR                                                     | OREZ FIERT 250 GR, CARNE PORC FIARTA 200 GR, PAINE PRAJITA 50 GR                                          |
|                                   | GASTRIC                                                                                                                         | LAPTE 250 ML, SALAM VICTORIA 100 GR, UNT 20 GR, GEM 40 GR, PAINE 100 GR | IAURT GRECESC 175 GR                                                                                                                                      | CIOABA DE LEGUME CU OREZ 250 ML, GARINITURA DE OREZ 250 GR, CU COPANELE PUI LA TAVA 250 GR | PAINE PRAJITA 50 GR                                                                                       |
| MEDIC GARDA                       | CEAI FRUCTE DE PADURE 250 ML, MUSCHI AZUGA 100 GR, BRANZA TOPITA 35 GR, PAINE 100 GR, OU FIERT 50 GR, MASLINE 50 GR, ICRE 80 GR | IAURT GRECESC 175 GR                                                    | CIOABA DE PERSOARE CU OREZ 250 ML, SI CARNE PORC 150 GR, GARINITURA DE OREZ 250 GR, CU COPANELE PUI LA TAVA 250 GR, CASTRAVETI MURATI 70 GR, PAINE 100 GR | RULOURI CU CAISE 100 GR                                                                    | PIEPT PUI LA TAVA 200 GR, BRANZA CU SMANTANA 200 GRSI MAMALIGA 100 GR, OREZ CU LAPTE 250 GR, PAINE 100 GR |
| MENIUL ZILEI MIERCURI: 11.02.2026 |                                                                                                                                 |                                                                         |                                                                                                                                                           |                                                                                            |                                                                                                           |
|                                   | DIMINEAȚA                                                                                                                       | GUSTARE 10                                                              | PRÂNZ                                                                                                                                                     | GUSTARE 16                                                                                 | SEARA                                                                                                     |
| TBC, SECHELE TBC, NEOPLAZII       | CEAI DE TEI 250 ML, MUSCHI AZUGA 100 GR, BRANZA TOPITA 35 GR, PAINE 100 GR, PATE 100 GR, MASLINE 70 GR, ICRE 80 GR              | BANANE 150-200 GR                                                       | SUPA DE PUI CU GALUSTI 250 ML SI COPANELE PUI 150 GR, VARZA CALITA 250 GR CU CARNATI OLTENESTI I LA TAVA 200 GR SI MAMALIGA 100 GR, PAINE 100 GR          | RULOURI CU CAISE 100 GR                                                                    | PESTE MERLUCIU 250 GR, CARTOFI CU BRANZA LA CUPTOR 250 GR, COMPOT DE MERE 250 GR, PAINE 100 GR            |
| NTBC                              | CEAI DE TEI 250 ML, MUSCHI AZUGA 100 GR, BRANZA TOPITA 35 GR, PAINE 100 GR                                                      | BANANE 150-200 GR                                                       | SUPA DE ZARZAVAT CU GALUSTI 250 ML, VARZA CALITA 250 GR CU CARNATI OLTENESTI I LA TAVA 200 GR SI MAMALIGA 100 GR, PAINE 100 GR                            | RULOURI CU CAISE 100 GR                                                                    | PESTE MERLUCIU 250 GR, CARTOFI CU BRANZA LA CUPTOR 250 GR, COMPOT DE MERE 250 GR, PAINE 100 GR            |
| HEPATIC                           | CEAI DE TEI 250 ML, MUSCHI AZUGA 100 GR, BRANZA TOPITA 35 GR, PAINE 100 GR, PATE 100 GR, MASLINE 70 GR, ICRE 80 GR              | BANANE 150-200 GR                                                       | SUPA DE PUI CU GALUSTI 250 ML SI COPANELE PUI 150 GR, MANCARE DE SPANAC 250 GR, CU COPANELE PUI LA TAVA 250 GR SI MAMALIGA 100 GR, PAINE 100 GR           | RULOURI CU CAISE 100 GR                                                                    | PESTE MERLUCIU 250 GR, CARTOFI CU BRANZA LA CUPTOR 250 GR, COMPOT DE MERE 250 GR, PAINE 100 GR            |
| DIABET                            | CEAI DE TEI 250 ML, MUSCHI AZUGA 100 GR, BRANZA TOPITA 35 GR, PAINE 100 GR, PATE 100 GR, MASLINE 70 GR, ICRE 80 GR              | BANANE 150-200 GR                                                       | SUPA DE PUI CU GALUSTI 250 ML SI COPANELE PUI 150 GR, VARZA CALITA 250 GR CU CARNATI OLTENESTI I LA TAVA 200 GR SI MAMALIGA 100 GR, PAINE 100 GR          | BISCUITI FARA ZAHAR 90 GR                                                                  | PESTE MERLUCIU 250 GR, CARTOFI CU BRANZA LA CUPTOR 250 GR, COMPOT DE MERE 250 GR, PAINE 100 GR            |
| ENTEROCOLITA                      | CEAI DE MENTA 250 ML, PAINE PRAJITA 100 GR, BRANZA TELEMEA 100 GR                                                               | CEAI DE MENTA 250 ML, PAINE PRAJITA 50 GR                               | SUPA DE MORCOVI 250 ML, OREZ FIERT 250 GR, CARNE FIARTA PIET PUI 200 GR, PAINE PRAJITA 50 GR                                                              | CEAI MENTA 250 ML, PAINE PRAJITA 50 GR                                                     | OREZ FIERT 250 GR, CARNE PORC FIARTA 200 GR, PAINE PRAJITA 50 GR                                          |

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| GASTRIC     | CEAI DE TEI 250 ML, MUSCHI<br>AZUGA 100 GR BRANZA<br>TOPITA 35 GR, PAINE 100 GR                                               | BANANE 150-200 GR | SUPA DE ZARZAVAT CU<br>GALUSTI 250 ML<br>MANCARE DE SPANAC 250 GR<br>CU COANELE PUI LA TAVA 250<br>GR<br>PAINE 100 GR                                        | RULOURI CU CAISE<br>100 GR | PESTE MERLUCIU 250 GR<br>CARTOFI CU BRANZA LA<br>CUPTOR 250 GR<br>COMPOT DE MERE 250 GR<br>PAINE 100 GR |
| MEDIC GARDA | CEAI DE TEI 250 ML, MUSCHI<br>AZUGA 100 GR BRANZA<br>TOPITA 35 GR, PAINE 100<br>GR, PATE 100 GR, MASLINE 70<br>GR, ICRE 80 GR | BANANE 150-200 GR | SUPA DE PUI CU GALUSTI 250<br>ML SI COPANELE PUI 150 GR<br>VARZA CALITA 250 GR CU<br>CARNATI OL TENESTI LA TAVA<br>200 GR SI MAMALIGA 100 GR<br>PAINE 100 GR | RULOURI CU CAISE<br>100 GR | PESTE MERLUCIU 250 GR<br>CARTOFI CU BRANZA LA<br>CUPTOR 250 GR<br>COMPOT DE MERE 250 GR<br>PAINE 100 GR |

| MENIUL ZILEI<br>JOI:12.02.2026 |                                                                                                                                  | DIMINEAȚA                                         | GUSTARE 10                                                                                                                        | PRÂNZ                                       | GUSTARE 16                                                                                                                               | SEARA |
|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-------|
| TBC, SECHELE<br>TBC, NEOPLAZII | CEAI FRUCTE DE PADURE 250<br>ML, OU FIERT 50<br>GR, CRENVURSTI 110 GR, PAINE<br>100 GR, UNT 20 GR, GEM 40<br>GR, CASCĂVAL 100 GR | IAURT GRECESC<br>175 GR                           | CIORBA DE FASOLE VERDE CU<br>OREZ 250 ML SI PIEPT PUI 150<br>GR<br>MUSACA DE CARTOFI 250 GR<br>CARNE PORC 1200 GR<br>PAINE 100 GR | RULOURI CU CAISE<br>100 GR                  | COPANELE PUI LA TAVA 250 GR<br>MANCARE DE MAZARE 250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA, OUA, ZAHAR 250 GR<br>PAINE 100 GR          |       |
| NTBC                           | CEAI FRUCTE DE PADURE 250<br>ML, OU FIERT 50<br>GR, CRENVURSTI 110 GR, PAINE<br>100 GR                                           | IAURT GRECESC<br>175 GR                           | CIORBA DE FASOLE VERDE CU<br>OREZ 250 ML<br>MUSACA DE CARTOFI<br>250 GR, CARNE PORC 1200 GR<br>PAINE 100 GR                       | RULOURI CU CAISE<br>100 GR                  | COPANELE PUI LA TAVA 250 GR<br>MANCARE DE MAZARE 250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA, OUA, ZAHAR 250 GR<br>PAINE 100 GR          |       |
| HEPATIC                        | CEAI FRUCTE DE PADURE 250<br>ML, OU FIERT 50<br>GR, CRENVURSTI 110 GR, PAINE<br>100 GR, UNT 20 GR, GEM 40<br>GR, CASCĂVAL 100 GR | IAURT GRECESC<br>175 GR                           | CIORBA DE FASOLE VERDE CU<br>OREZ 250 ML SI PIEPT PUI 150<br>GR<br>CARTOFI NATUR 250 GR, CARNE<br>PORC 200 GR<br>PAINE 100 GR     | RULOURI CU CAISE<br>100 GR                  | COPANELE PUI LA TAVA 250 GR<br>MANCARE DE FASOLE VERDE<br>250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA, OUA, ZAHAR 250 GR<br>PAINE 100 GR |       |
| DIABET                         | CEAI FRUCTE DE PADURE 250<br>ML, OU FIERT 50<br>GR, CRENVURSTI 110 GR, PAINE<br>100 GR, UNT 20 GR, CASCĂVAL<br>100 GR            | IAURT GRECESC<br>175 GR                           | CIORBA DE FASOLE VERDE CU<br>OREZ 250 ML SI PIEPT PUI 150 G<br>MUSACA DE CARTOFI 250 GR<br>CARNE PORC 1200 GR<br>PAINE 100 GR     | BISCUITI FARA<br>ZAHAR 90 GR                | COPANELE PUI LA TAVA 250 GR<br>MANCARE DE FASOLE VERDE<br>250 GR<br>BRANZA 100 GR<br>PAINE 100 GR                                        |       |
| ENTEROCOLITA                   | CEAI DE MENTA 250 ML, PAINE<br>PRAJITA 100 GR, BRANZA<br>TELEMEA 100 GR                                                          | CEAI DE MENTA 250<br>ML<br>PAINE PRAJITA 50<br>GR | SUPA DE MORCOVI 250 ML<br>OREZ FIERT 250 GR<br>CARNE FIARTA PIET PUI 200 GR<br>PAINE PRAJITA 50 GR                                | CEAI MENTA 250 ML<br>PAINE PRAJITA 50<br>GR | OREZ FIERT 250 GR,<br>CARNE PORC FIARTA 200 GR<br>PAINE PRAJITA 50 GR                                                                    |       |
| GASTRIC                        | CEAI FRUCTE DE PADURE 250<br>ML, OU FIERT 50<br>GR, CRENVURSTI 110 GR, PAINE<br>100 GR                                           | IAURT GRECESC<br>175 GR                           | CIORBA DE FASOLE VERDE CU<br>OREZ 250 ML SI PIEPT PUI 150<br>GR<br>CARTOFI NATUR 250 GR, CARNE<br>PORC 1200 GR<br>PAINE 100 GR    | RULOURI CU CAISE<br>100 GR                  | COPANELE PUI LA TAVA 250 GR<br>MANCARE DE FASOLE VERDE<br>250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA, OUA, ZAHAR 250 GR<br>PAINE 100 GR |       |

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| MEDIC GARDA | CEAI FRUCTE DE PADURE 250 ML,OU FIERT 50 GR,CRENVRUSTI 110 GR,PAINE 100 GR ,UNT 20 GR,GEM 40 GR,CASCAVAL 100 GR | IAURT GRECESC 175 GR | CIORBA DE FASOLE VERDE CU OREZ 250 ML SI PIEPT PUI 150 GR<br>MUSACA DE CARTOFI 250 GR<br>CARNE PORC I 200 GR<br>PAINE 100 GR | RULOURI CU CAISE 100 GR | COPANELE PUI LA TAVA 250 GR<br>MANCARE DE MAZARE 250 GR<br>BUDINCA DE MACAROCANE CU BRANZA OUA,ZAHAR 250 GR<br>PAINE 100 GR |
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| MENIUL ZILEI<br>VINERI:13.02.2026 |                                                                                                                              | DIMINEAȚA                                   |                                                                                                                                    | GUSTARE 10                             |                                                                                                     | PRĂNZ |  | GUSTARE 16 |  | SEARA |  |
|-----------------------------------|------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|-----------------------------------------------------------------------------------------------------|-------|--|------------|--|-------|--|
| TBC,SECHELE<br>TBC,NEOPLAZII      | CACAO CU LAPTE 250 ML<br>SUNCULTATARANEASCA 100 GR ,PATE 100 GR<br>PAINE 100 GR,BRANZA TOPITA 35 GR,ICRE 80 GR,MASLINE 70 GR | MERE 150-200 GR<br>GR                       | CIORBA DE PORC CU OREZ 250 GR SI CARNE PORC 150 GR<br>CIULAMA DE PUI 250 GR SI PIEPT PUI 200 GR CU MAMALIGA 100 GR<br>PAINE 100 GR | RULOURI CU CAISE 100 GR                | COPANELE PUI LA TAVA 250 GR<br>PASTE CU SOS DE ROSII 250 GR<br>GRIS CU LAPTE 250 GR<br>PAINE 100 GR |       |  |            |  |       |  |
|                                   | CACAO CU LAPTE 250 ML,<br>SUNCULTITA TARANEASCA 100 GR ,PATE 100 GR ,PAINE 100 GR                                            | MERE 150-200 GR<br>GR                       | CIORBA DE CARTOFI CU OREZ 250 GR<br>CIULAMA DE PUI 250 GR SI PIEPT PUI 200 GR CU MAMALIGA 100 GR<br>PAINE 100 GR                   | RULOURI CU CAISE 100 GR                | COPANELE PUI LA TAVA 250 GR<br>PASTE CU SOS DE ROSII 250 GR<br>GRIS CU LAPTE 250 GR<br>PAINE 100 GR |       |  |            |  |       |  |
| HEPATIC                           | LAPTE 250 ML,SUNCULTITA<br>TARANEASCA 100 GR ,PATE 100 GR ,PAINE 100 GR,BRANZA TOPITA 35 GR,ICRE 80 GR,MASLINE 70 GR         | MERE 150-200 GR<br>GR                       | CIORBA DE PORC CU OREZ 250 GR SI CARNE PORC 150 GR<br>CIULAMA DE PUI 250 GR SI PIEPT PUI 200 GR<br>PAINE 100 GR                    | RULOURI CU CAISE 100 GR                | COPANELE PUI LA TAVA 250 GR<br>PASTE CU SOS DE ROSII 250 GR<br>GRIS CU LAPTE 250 GR<br>PAINE 100 GR |       |  |            |  |       |  |
| DIABET                            | LAPTE 250 ML,SUNCULTITA<br>TARANEASCA 100 GR ,PATE 100 GR ,PAINE 100 GR,BRANZA TOPITA 35 GR,ICRE 80 GR,MASLINE 70 GR         | MERE 150-200 GR<br>GR                       | CIORBA DE PORC CU OREZ 250 GR SI CARNE PORC 150 GR<br>SOS DE ROSII 250 GR SI PIEPT PUI 200 GR CU MAMALIGA 100 GR<br>PAINE 100 GR   | BISCUITI FARA ZAHAR 90 GR              | COPANELE PUI LA TAVA 250 GR<br>SOTE DE LEGUME 250 GR<br>LAPTE 250 GR<br>PAINE 100 GR                |       |  |            |  |       |  |
| ENTEROCOLITA                      | CEAI DE MENTA 250 ML,PAINE PRAJITA 100 GR,BRANZA TELEMEA 100 GR                                                              | CEAI DE MENTA 250 ML<br>PAINE PRAJITA 50 GR | SUPA DE MORCOVI 250 ML<br>OREZ FIERT 250 GR<br>CARNE FIARTA PIET PUI 200 GR<br>PAINE PRAJITA 50 GR                                 | CEAI MENTA 250 ML ,PAINE PRAJITA 50 GR | OREZ FIERT 250 GR, CARNE PORC FIARTA 200 GR<br>PAINE PRAJITA 50 GR                                  |       |  |            |  |       |  |
| GASTRIC                           | LAPTE 250 ML,SUNCULTITA<br>TARANEASCA 100 GR ,PATE 100 GR ,PAINE 100 GR                                                      | MERE 150-200 GR<br>GR                       | CIORBA DE CARTOFI CU OREZ 250 GR<br>CIULAMA DE PUI 250 GR SI PIEPT PUI 200 GR<br>PAINE 100 GR                                      | RULOURI CU CAISE 100 GR                | COPANELE PUI LA TAVA 250 GR<br>PASTE CU SOS DE ROSII 250 GR<br>GRIS CU LAPTE 250 GR<br>PAINE 100 GR |       |  |            |  |       |  |
| MEDIC GARDA                       | CACAO CU LAPTE 250 ML,SUNCULTITA TARANEASCA 100 GR ,PATE 100 GR ,PAINE 100 GR,BRANZA TOPITA 35 GR,ICRE 80 GR,MASLINE 70 GR   | MERE 150-200 GR<br>GR                       | CIORBA DE PORC CU OREZ 250 GR SI CARNE PORC 150 GR<br>CIULAMA DE PUI 250 GR SI PIEPT PUI 200 GR CU MAMALIGA 100 GR<br>PAINE 100 GR | RULOURI CU CAISE 100 GR                | COPANELE PUI LA TAVA 250 GR<br>PASTE CU SOS DE ROSII 250 GR<br>GRIS CU LAPTE 250 GR<br>PAINE 100 GR |       |  |            |  |       |  |

| MENIUL ZILEI<br>SAMBATA<br>14.02..2026 | DIMINEAȚA                                                                                                         | GUSTARE<br>10                                       | PRANZ                                                                                                                                                                | GUSTARE 16                                 | SEARA                                                                                                         |
|----------------------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| TBC, SECHELE<br>TBC, NEOPLAZII         | LAPTE 250 ML, SALAM VICTORIA<br>100 GR, UNT 20 GR, GEM 40<br>GR, PAINE 100 GR, OU FIERȚ 50<br>GR, CASCĂVAL 100 GR | IAURT GRECESC<br>175 GR                             | CIORBA DE PUȚI CU<br>OREZ, OU, IAURT 250 GR SI PIEPT<br>PUȚI 150 GR<br>CARTOFI NATUR 250 GR CU<br>PESTE MERLUCIU 250 GR<br>CASTRĂVETI MURATI 70 GR<br>PAINE 100 GR   | RULOURI CU CAISE 100<br>GR                 | COPANELE PUȚI LA CUPTOR<br>250GR<br>MANCARE DE FASOLE<br>VERDE 250 GR<br>PAINE 100 GR<br>OREZ CU LAPTE 250 GR |
| NTBC                                   | LAPTE 250 ML, SALAM VICTORIA<br>100 GR, UNT 20 GR, GEM 40<br>GR, PAINE 100 GR                                     | IAURT GRECESC<br>175 GR                             | CIORBA DE LEGUME CU<br>OREZ, OU, IAURT 250 GR<br>CARTOFI NATUR 250 GR CU<br>PESTE MERLUCIU 250 GR<br>CASTRĂVETI MURATI 70 GR<br>PAINE 100 GR                         | RULOURI CU CAISE 100<br>GR                 | COPANELE PUȚI LA CUPTOR<br>250 GR MANCARE DE<br>FASOLE VERDE 250 GR<br>PAINE 100 GR<br>OREZ CU LAPTE 250 GR   |
| HEPATIC                                | LAPTE 250 ML, SALAM VICTORIA<br>100 GR, UNT 20 GR, GEM 40<br>GR, PAINE 100 GR, OU FIERȚ 50<br>GR, CASCĂVAL 100 GR | IAURT GRECESC<br>175 GR                             | CIORBA DE PUȚI CU<br>OREZ, OU, IAURT 250 GR SI PIEPT<br>PUȚI 150 GR<br>CARTOFI NATUR 250 GR CU<br>PESTE MERLUCIU 250 GR<br>CASTRĂVETI MURATI 70 GR<br>PAINE 100 GR   | RULOURI CU CAISE 100<br>GR                 | COPANELE PUȚI LA CUPTOR<br>250 GR MANCARE DE<br>FASOLE VERDE 250 GR<br>PAINE 100 GR<br>OREZ CU LAPTE 250 GR   |
| DIABET                                 | LAPTE 250 ML, SALAM VICTORIA<br>100 GR, UNT 20 GR, PAINE 100 GR<br>, OU FIERȚ 50 GR, CASCĂVAL 100<br>GR           | IAURT GRECESC<br>175 GR                             | CIORBA DE PUȚI CU<br>OREZ, OU, IAURT 250 GR SI PIEPT<br>PUȚI 150 GR<br>CARTOFI NATUR 250 GR CU<br>PESTE MERLUCIU 250 GR<br>CASTRĂVETI MURATI 70 GR<br>PAINE 100 GR   | BISCUȚIȚI FARA ZAHAR<br>90 GR              | COPANELE PUȚI LA CUPTOR<br>250 GR MANCARE DE<br>FASOLE VERDE 250 GR<br>PAINE 100 GR<br>LAPTE 250 GR           |
| ENTEROCOLITA                           | CEAI DE MENTĂ 250 ML, PAINE<br>PRAJITA 100 GR, BRANZA<br>TELEMEA 100 GR                                           | CEAI DE MENTĂ 250<br>ML<br>, PAINE PRAJITA 50<br>GR | SUPA DE MORCOVI 250 ML<br>OREZ FIERȚ 250 GR<br>CARNE FIARTĂ PIET PUȚI 200 GR<br>PAINE PRAJITA 50 GR                                                                  | CEAI MENTĂ 250 ML<br>, PAINE PRAJITA 50 GR | OREZ FIERȚ 250 GR,<br>CARNE PORC FIARTĂ 200 GR<br>PAINE PRAJITA 50 GR                                         |
| GASTRIC                                | LAPTE 250 ML, SALAM VICTORIA<br>100 GR, UNT 20 GR, GEM 40<br>GR, PAINE 100 GR                                     | IAURT GRECESC<br>175 GR                             | CIORBA DE LEGUME CU<br>OREZ, OU, IAURT 250 GR SI PIEPT<br>PUȚI 150 GR<br>CARTOFI NATUR 250 GR CU<br>PESTE MERLUCIU 250 GR<br>CASTRĂVETI MURATI 70 GR<br>PAINE 100 GR | RULOURI CU CAISE 100<br>GR                 | COPANELE PUȚI LA CUPTOR<br>250 GR MANCARE DE<br>FASOLE VERDE 250 GR<br>PAINE 100 GR<br>OREZ CU LAPTE 250 GR   |
| MEDIC GARDA                            | LAPTE 250 ML, SALAM VICTORIA<br>100 GR, UNT 20 GR, GEM 40<br>GR, PAINE 100 GR, OU FIERȚ 50<br>GR, CASCĂVAL 100 GR | IAURT GRECESC<br>175 GR                             | CIORBA DE PUȚI CU<br>OREZ, OU, IAURT 250 GR SI PIEPT<br>PUȚI 150 GR<br>CARTOFI NATUR 250 GR CU<br>PESTE MERLUCIU 250 GR<br>CASTRĂVETI MURATI 70 GR<br>PAINE 100 GR   | RULOURI CU CAISE 100<br>GR                 | COPANELE PUȚI LA CUPTOR<br>250 GR MANCARE DE<br>FASOLE VERDE 250 GR<br>PAINE 100 GR<br>OREZ CU LAPTE 250 GR   |

| MENIUL ZILEI<br>DUMINICA:<br>15.02.2026 | DIMINEAȚA                                                                                                                   | GUSTARE 10                                        | PRÂNZ                                                                                                                                                                | GUSTARE 16                                   | SEARA                                                                                                                  |
|-----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| TBC, SECHELE<br>TBC, NEOPLAZII          | CEAI DE TEI 250 ML, MUSCHI<br>AZUGA 100 GR, BRANZA TOPITA<br>35 GR, PAINE 100 GR, PATE 100<br>GR, MASLINE 70 GR, ICRE 80 GR | BANANE 150-200 GR                                 | SUPA DE ROSII CU FIDEA 250 GR<br>, COPANELE PUI 150 GR<br>TOCHITURA 250 GR CU CARNE<br>PORC 150 GR, CARNATI<br>OLTENESTI 50 GR SI MAMALIGA<br>100 GR<br>PAINE 100 GR | RULOURI CU CAISE<br>100 GR                   | PIEPT PUI LA TAVA 200 GR<br>PIURE DE CARTOFI 250 GR<br>SALATA DE VARZA 150 GR<br>PAINE 100 GR<br>FIDEA CU LAPTE 250 GR |
| NTBC                                    | CEAI DE TEI 250 ML, MUSCHI<br>AZUGA 100 GR, BRANZA TOPITA<br>35 GR, PAINE 100 GR                                            | BANANE 150-200 GR                                 | SUPA DE ROSII CU FIDEA 250 GR<br>, COPANELE PUI 150 GR<br>TOCHITURA 250 GR CU CARNE<br>PORC 200 GR<br>PAINE 100 GR                                                   | RULOURI CU CAISE<br>100 GR                   | PIEPT PUI LA TAVA 200 GR<br>PIURE DE CARTOFI 250 GR<br>SALATA DE VARZA 150 GR<br>PAINE 100 GR<br>FIDEA CU LAPTE 250 GR |
| HEPATIC                                 | CEAI DE TEI 250 ML, MUSCHI<br>AZUGA 100 GR, BRANZA TOPITA<br>35 GR, PAINE 100 GR, PATE 100<br>GR, MASLINE 70 GR, ICRE 80 GR | BANANE 150-200 GR                                 | SUPA DE ROSII CU FIDEA 250 GR<br>, COPANELE PUI 150 GR<br>TOCHITURA 250 GR CU CARNE<br>PORC 150 GR, CARNATI<br>OLTENESTI 50 GR SI MAMALIGA<br>100 GR<br>PAINE 100 GR | BISCUITI FARA<br>ZAHAR 90 GR                 | PIEPT PUI LA TAVA 200 GR<br>PIURE DE CARTOFI 250 GR<br>SALATA DE VARZA 150 GR<br>PAINE 100 GR<br>FIDEA CU LAPTE 250 GR |
| DIABET                                  | CEAI DE TEI 250 ML, MUSCHI<br>AZUGA 100 GR, BRANZA TOPITA<br>35 GR, PAINE 100 GR, PATE 100<br>GR, MASLINE 70 GR, ICRE 80 GR | BANANE 150-200 GR                                 | SUPA DE ROSII CU FIDEA 250 GR<br>, COPANELE PUI 150 GR<br>TOCHITURA 250 GR CU CARNE<br>PORC 150 GR, CARNATI<br>OLTENESTI 50 GR SI MAMALIGA<br>100 GR<br>PAINE 100 GR |                                              | PIEPT PUI LA TAVA 200 GR<br>PIURE DE CARTOFI 250 GR<br>SALATA DE VARZA 150 GR<br>PAINE 100 GR<br>LAPTE 250 GR          |
| ENTEROCOLITA                            | CEAI DE MENTA 250 ML, PAINE<br>PRAJITA 100 GR, BRANZA<br>TELEMEA 100 GR                                                     | CEAI DE MENTA 250<br>ML<br>PAINE PRAJITA 50<br>GR | SUPA DE MORCOVI 250 ML<br>OREZ FIERT 250 GR<br>CARNE FIARTA PIET PUI 200 GR<br>PAINE PRAJITA 100 GR                                                                  | CEAI MENTA 250<br>ML, PAINE PRAJITA 50<br>GR | OREZ FIERT 250 GR,<br>CARNE PORC FIARTA 200 GR<br>PAINE PRAJITA 50 GR                                                  |

|             |                                                                                                                             |                   |                                                                                                                                                                      |                            |                                                                                                                        |
|-------------|-----------------------------------------------------------------------------------------------------------------------------|-------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------------------------------------------------------------------------------------------------------------|
| GASTRIC     | CEAI DE TEI 250 ML, MUSCHI<br>AZUGA 100 GR, BRANZA TOPITA<br>35 GR, PAINE 100 GR                                            | BANANE 150-200 GR | SUPA DE ROSII CU FIDEA 250 GR<br>TOCHITURA 250 GR CU CARNE<br>PORC 200 GR<br>PAINE 100 GR                                                                            | RULOURI CU CAISE<br>100 GR | PIEPT PUI LA TAVA 200 GR<br>PIURE DE CARTOFI 250 GR<br>SALATA DE VARZA 150 GR<br>PAINE 100 GR<br>FIDEA CU LAPTE 250 GR |
| MEDIC GARDA | CEAI DE TEI 250 ML, MUSCHI<br>AZUGA 100 GR, BRANZA TOPITA<br>35 GR, PAINE 100 GR, PATE 100<br>GR, MASLINE 70 GR, ICRE 80 GR | BANANE 150-200 GR | SUPA DE ROSII CU FIDEA 250 GR<br>, COPANELE PUI 150 GR<br>TOCHITURA 250 GR CU CARNE<br>PORC 150 GR, CARNATI<br>OLTENESTI 50 GR SI MAMALIGA<br>100 GR<br>PAINE 100 GR | RULOURI CU CAISE<br>100 GR | PIEPT PUI LA TAVA 200 GR<br>PIURE DE CARTOFI 250 GR<br>SALATA DE VARZA 150 GR<br>PAINE 100 GR<br>FIDEA CU LAPTE 250 GR |

- Preparatele pot conține sau pot avea urme de alergeni (ouă, gluten, lactoză, pește, fructe cu coajă).
- Meniurile afișate pot suferi modificări în funcție de disponibilitatea materiilor prime de la furnizori sau alte situații neprevăzute.
- Gramajul produselor din carne este exprimate înainte de prepararea termică.

Manager  
Consilier juridic Molfea Adriana

Director medical,  
Dr. Stănescu Cristiana Felicia

Întocmit,  
As. Dietetica Badea Nicoleta